

**SHORT-TERM THERAPY...LONG-TERM RESULTS**

**CHECKLIST OF CONCERNS: CHILD OR ADOLESCENT**

Child or adolescent's name: \_\_\_\_\_

Date: \_\_\_\_\_

Many concerns can apply to both children and adults. If you have brought a child in for evaluation or treatment, please mark all of the items that apply to your child. Please mark any items that describe your child.

**CHILD'S CHARACTERISTICS**

Participates in sports (Please list sports your child enjoys):  
\_\_\_\_\_  
\_\_\_\_\_

Participates in hobbies, games, activities other than sports: (Please list favorite activities):  
\_\_\_\_\_  
\_\_\_\_\_

Belongs to organizations or clubs. (Please list):  
\_\_\_\_\_  
\_\_\_\_\_

Does chores. (Please list both paid & unpaid).  
\_\_\_\_\_  
\_\_\_\_\_

About how many friends does your child have?

- None       One  
 2 or 3       4 or more

About how many hours per week does your child do things with friends outside of school hours?

- Less than 1 hour  
 1 or 2 hours  
 3 or more

**CHILDHOOD SYMPTOMS**

- Bedwetting
- Accidental bowel movements
- Excessive worries about separation from parents
- Delayed or unusual use of language
- Failure to develop peer relationships appropriate to age
- Difficulty in understanding nonverbal communication
- Lack of emotional interest in or understanding of others

**ATTENTION DEFICIT**

- Fails to pay attention to details or is easily distracted
- Often disorganized, forgetful, or loses things
- Frequently doesn't listen
- Goes to great lengths to avoid boring tasks
- Fails to finish things
- Fidgeting
- Runs about excessively
- Often "on the go"
- Leaves seat in classroom
- Often talks excessively

**DEFIANCE PROBLEMS**

- Defiant, angry attitude
- Often loses temper
- Argumentative
- Often deliberately disobeys
- Deliberately annoys people
- Blames others for one's mistakes or misbehaviors
- Often irritable, touchy, or easily annoyed
- Often angry and resentful
- Often spiteful and vindictive
- Truancy
- Often bullies or threatens
- Often starts fights
- Has used a weapon that could cause serious harm
- Has been cruel to people
- Has been cruel to animals
- Theft or legal problems
- Breaking and entering
- Fire setting to deliberately cause damage
- Destroying property
- Often lies
- Often stays out at night against parent's wishes (beginning before age 13)
- Has run away from home overnight at least twice
- Suspected gang activity
- Suspected drug use